

Yoga2.0, LLC
Release and Waiver of Liability

READ CAREFULLY – THIS AGREEMENT AFFECTS YOUR LEGAL RIGHTS

I enter into this release and waiver of liability in connection with being on site at any Yoga2.0, LLC (“Yoga2.0”) event, class, or location and/or with my participation in any digital/virtual offering by Yoga2.0. I agree to the following:

I agree that this release and waiver of liability applies with regard to any digital, virtual, livestreaming, or on-demand event, class, training or from my being on the premises of any facility or area operated by Yoga2.0. This release applies to Yoga2.0’s class offerings, training sessions, workshops, or any other fitness/wellness activity at Yoga2.0 or offered by Yoga2.0 online (collectively, the “Activities” or “Activity”). This release and waiver equally applies to my entering or exiting any facility operated by Yoga2.0 and whether my participation in the Activities occurs at a Yoga2.0 facility, another location (in-person), or at a virtual event/class/training.

I assume all risks associated with me being on, entering, or exiting a Yoga2.0 premises and with participating in any Yoga2.0 Activity. Those risks include but are not limited to injuries from slipping or tripping; falling; from participating in any social event provided on-site, from equipment, the building’s structure, other individuals on-site, from any interaction with a Yoga2.0 staff member or instructor; from an allergic or chemical reaction to any agent and/or cleaner on-site; or from the contraction of any illness, disease, condition, or infection. I acknowledge that these injuries could be mental, emotional, or physical and that they could be minor or significant (and could include death).

I understand that the Activities may involve the use of weights or other equipment. I represent and warrant that I am physically fit and have no medical condition or medical history which would prevent my full participation in the Activities. It is my responsibility to consult with a physician prior to and regarding my participation in Yoga2.0’s Activities. I am fully aware of the risks and hazards involved even if I take/participate in the events/classes from my home or from another non-Yoga2.0 facility.

I understand that it is my responsibility to consult a physician regarding my participation in yoga, fitness training activities, workshops, classes or any exercise or nutrition programs in any way associated with Yoga2.0. I understand that if I am

suffering from any medical condition, it is my responsibility to inform a Yoga2.0 instructor or staff member before participating in any class or event.

I agree not to hold Yoga2.0 responsible for any injury, illness, allergic reaction, or lack of results from fitness classes or diet/nutrition recommendations offered by Yoga2.0 instructors, staff, representatives, or third-parties affiliated with Yoga2.0 whether or not the advice is provided at a Yoga2.0 facility.

I understand that the Activities involve touch for the purpose of adjusting posture and that I may decline that teaching/coaching technique at any time. I understand that neither Yoga2.0 nor any Yoga2.0 building's landlord or owner is responsible for any loss of personal property.

I understand that, except to request a monetary refund, I have no claim against Yoga2.0, any Yoga2.0 building's landlord, or the building's owner by reason of their refusal to allow me to participate in any class or event at this location.

In consideration of my participation in Yoga2.0's Activities and/or use of the Yoga2.0 facilities, I understand and voluntarily accept these risks and agree to not hold Yoga2.0, its landlord, or its building's owner liable for any injury or claim which arises from my participation in such classes, Activities, events, the use of these facilities or from any risk or situation described in this document whether related to exercise or not.

Accordingly, I do hereby forever release and discharge Yoga2.0, its building's landlord and owner, all Yoga2.0 members, executives, employees, successors and/or agents from any and all claims or causes of action to the fullest extent allowable by law.

In further consideration of electing to participate in these Activities and for being on these premises, I knowingly, voluntarily, and expressly waive any claim I may have against Yoga2.0, its instructors/trainers, this building's landlord and owner, all Yoga2.0 members, executives, employees, successors and/or agents for injury or damages that I may sustain from being on these premises.

The validity, enforcement, construction, and interpretation of this agreement shall be governed by Illinois law. Any action or proceeding arising in connection with this agreement and/or with the undersigned's participation in any class or event with Yoga2.0 or from being on its premises or against Yoga2.0 in any respect, can only be

brought in Cook County, Illinois. All parties to this agreement waive any objection to the jurisdiction of these courts whether based on convenience or otherwise.

If any portion of this release shall be deemed by a court of competent jurisdiction to be invalid for any reason, the remainder of the release shall remain in full force and effect. By signing this release, I acknowledge that I understand its contents and that this release cannot be orally modified. I voluntarily agree to the terms and conditions stated above.

Signature: _____

Printed Name: _____

Date: _____